

# SCHEME OF WORK



Athletics



Badminton



Basketball



Cricket



Netball



Football



Handball



Hockey



Rounders



Tag-Rugby



Tennis

# Scheme of Work

# Football

## Objectives

Pupils will explore techniques for passing, dribbling, turning and striking a ball in football. Understanding the importance of rules in football. Pupils will also be given the opportunity to complete against self and others in this unit of work.

## Previous Skills

Pupils will draw upon KS1 PE lessons focussing on fundamentals of movement (agility, balance, coordination). Any previous involvement in invasion games will support understanding. Additionally pupils may have played football inside or outside of school.

Year	Term	Lesson Day(s)	Lesson Time (2)	Duration	No of Sessions	No of Pupils	Teacher (s)
<b>3</b>							

Lesson one	Objective	Activities	Game Related/Game Play
Passing	<ol style="list-style-type: none"> <li>Learn to send and receive a football with a partner under control</li> <li>Demonstrate a push pass in football</li> <li>Learn to use the inside of your foot to control (receive) a pass</li> </ol>	<ol style="list-style-type: none"> <li>Master the Ball</li> <li>Gates</li> <li>Passing Three's</li> </ol>	Pupils will practice passing in game like situations
	<b>Assessment</b>		
Pupils in year 3 will have an assessment week in this scheme of work. Passing will be assessed against the expected year 3 standard of ability to send and receive a football with a partner under control.			

Lesson Two	Objective	Activities	Game Related/Game Play
Dribbling/ Turning	<ol style="list-style-type: none"> <li>1. Learn to move with the ball in a variety of ways with some control</li> <li>2. Demonstrate use of both left and right feet in isolation when dribbling a football</li> <li>3. Learn a drag back turn to change direction</li> </ol>	<ol style="list-style-type: none"> <li>1. Ball Skills</li> <li>2. Corners</li> <li>3. Matches (No Goals)</li> </ol>	Pupils will play matches of 5v5 with no goals, the objective here is dribbling the ball over the line to score a point
	<p>Pupils in year 3 will have an assessment week in this scheme of work. Dribbling and turning will be assessed against the expected year 3 standard of ability to use left and right foot in isolation when dribbling.</p>		

Lesson Three	Objective	Activities	Game Related/Game Play
Shooting/ Striking a ball	<ol style="list-style-type: none"> <li>1. Demonstrate successful striking skills</li> <li>2. Develop a range of skills in striking</li> <li>3. Learn to strike the ball for distance</li> </ol>	<ol style="list-style-type: none"> <li>1. Strike</li> <li>2. One and In</li> <li>3. Matches</li> </ol>	For or the first time in this scheme of work children will play matches of football in teams of 7. This provides an opportunity to learn the rules of the game and enjoy competing against others, working in a team.
	<p style="text-align: center;"><b>Assessment</b></p> <p>Pupils in year 3 will have an assessment week in this scheme of work. Striking a ball will be assessed against the expected year 3 standard of ability to demonstrate successful striking skills.</p>		

Lesson Four	Objective	Activities	Game Related/Game Play
Tactics	<ol style="list-style-type: none"> <li>1. Earn to apply and follow rules fairly</li> <li>2. Understand and begin to apply the basic principles of invasion games</li> <li>3. Start to explore attacking and defending principles in football</li> </ol>	<ol style="list-style-type: none"> <li>1. Keep Away</li> <li>2. Attack v Defence</li> <li>3. Matches</li> </ol>	In lesson four pupils will play football matches in teams of 7 with a focus on attacking and defending, continuing to better understand the rules and enjoy competing within a team
	<b>Assessment</b>		
Pupils in year 3 will have an assessment week in this scheme of work. Tactical understanding will be assessed against the expected year 3 standard of ability to apply and follow rules fairly			

Lesson Five	Objective	Activities	Game Related/Game Play
Passing	<ol style="list-style-type: none"> <li>1. Assess the ability to pass in football</li> <li>2. Assess the ability to travel with the ball in football</li> <li>3. Assess the ability to strike a football</li> <li>4. Assess understanding of tactics and rules</li> </ol>	<ol style="list-style-type: none"> <li>1. Passing and Dribbling</li> <li>2. Shooting</li> <li>3. Matches</li> </ol>	Children will again play football matches in this lesson, in teams of 7 with full age appropriate football rules in place
	Pupils in year 3 will have an assessment week in this scheme of work. Passing, travelling with a ball, striking a ball, Tactical understanding and evaluation skills will be assessed during this lesson		

Lesson Six	Objective	Activities	Game Related/Game Play
Game Understanding	<ol style="list-style-type: none"> <li>1. Effectively describe how their performance has improved over time</li> <li>2. Perform learnt skills and techniques with control and confidence</li> <li>3. Compete against self and others in a controlled manner</li> </ol>	Tournament	Pupils will take part in a number of competitive football matches in this lesson, a tournament will be held allowing for the first time this unit for pupils to obtain points for winning, drawing and losing matches
	<b>Assessment</b>		
	The game understanding week is an opportunity for pupils to put into practice the skills and techniques they have learnt during football lessons delivered in PE.		
Subject Link 1	<b>PSHE</b> – Working with others, communication, understanding of self and roles/responsibilities		
Subject Link 2	<b>Maths</b> – Keeping score, balanced formations, basic numbers		
Comments	Pupils in year 3 may have prior knowledge of football and in some cases a basic understanding of the concept and rules. This unit provides an opportunity for all pupils, irrespective of prior learning in the sport to take part and acquire techniques that form a strong foundation for continued enjoyment of the game.		
Next Steps	Any pupils wishing to take football further could be directed to the school extra-curricular club (if you have one), SSP competition for year 3's, local football clubs or classes and even encouraged to play recreationally with friends.		