

# SCHEME OF WORK



**Athletics**



**Badminton**



**Basketball**



**Cricket**



**Netball**



**Football**



**Handball**



**Hockey**



**Rounders**



**Tag-Rugby**



**Tennis**

# Scheme of Work

# Football

## Objectives

Pupils will explore techniques for passing, dribbling, turning and striking a ball in football. Understanding the importance of rules in football. Pupils will also be given the opportunity to complete against self and others in this unit of work.

## Previous Skills

Pupils will draw upon KS1 PE lessons focussing on fundamentals of movement (agility, balance, coordination). Any previous involvement in invasion games will support understanding. Additionally pupils may have played football inside or outside of school.

Year	Term	Lesson Day(s)	Lesson Time (2)	Duration	No of Sessions	No of Pupils	Teacher (s)
<b>2</b>							

Lesson one	Objective	Activities	Game Related/Game Play
<b>Passing</b>	<ol style="list-style-type: none"> <li>Learn to send and receive a football with a partner</li> <li>Learn to use the sole of your foot to stop the ball</li> <li>Understand what happens to the body when they exercise</li> </ol>	<ol style="list-style-type: none"> <li>Passing Square</li> <li>Through the Gates</li> <li>Keep the Ball</li> </ol>	Pupils will play possession, trying to work together to keep the ball in a 3v3 game (no goals)
<b>Assessment</b>			
Pupils in year 2 will have a review week rather than an assessment. Passing will be reviewed against the expected year 2 standard of ability to pass and receive a ball with a partner.			

Lesson Two	Objective	Activities	Game Related/Game Play
Dribbling/ Turning	<ol style="list-style-type: none"> <li>1. Learn to kick a ball whilst moving</li> <li>2. Demonstrate kicking skills in a game</li> <li>3. Demonstrate dribbling skills in a game</li> </ol>	<ol style="list-style-type: none"> <li>1. Ball Skills</li> <li>2. Corners</li> <li>3. Matches (No Goals)</li> </ol>	Pupils will play matches of 5v5 with no goals, the objective here is dribbling the ball over the line to score a point
	<b>Assessment</b>		
	<p>Pupils in year 2 will have a review week rather than an assessment. Dribbling and turning will be reviewed against the expected year 2 standard of kicking a ball while moving, using kicking skills in a game and also using dribbling skills in a game.</p>		

Lesson Three	Objective	Activities	Game Related/Game Play
Shooting/ Striking a ball	<ol style="list-style-type: none"> <li>1. Learn to strike or hit a ball with increasing control</li> <li>2. Be able to position the body to strike</li> </ol>	<ol style="list-style-type: none"> <li>1. Over the Line</li> <li>2. Goals Galore</li> <li>3. Matches</li> </ol>	For the first time in this scheme of work children will play matches of football in teams of 5. This provides an opportunity to learn the rules of the game and enjoy competing against others, working in a team.
	<b>Assessment</b>		
	<p>Pupils in year 2 will have a review week rather than an assessment. Shooting/striking a ball will be reviewed against the expected year 2 standard of ability to strike or hit a ball with increasing control and position the body to strike a ball.</p>		

Lesson Four	Objective	Activities	Game Related/Game Play
Tactics	<ol style="list-style-type: none"> <li>1. Understand the importance of rules in games</li> <li>2. Use at least one technique to attack or defend to play a game successfully</li> <li>3. Start to explore attacking and defending principles in football</li> </ol>	<ol style="list-style-type: none"> <li>1. I Can...</li> <li>2. No Rules</li> <li>3. Matches</li> </ol>	In lesson four pupils will play football matches in teams of 5 with a focus on attacking and defending, continuing to better understand the rules and enjoy competing within a team
	<b>Assessment</b>		
Pupils in year 2 will have a review week rather than an assessment. Tactical understanding will be reviewed against the expected year 2 standard of pupils understanding the importance of rules in games.			

Lesson Five	Objective	Activities	Game Related/Game Play
Passing	<ol style="list-style-type: none"> <li>1. Review understanding of passing in football</li> <li>2. Review understanding of traveling with the ball in football</li> <li>3. Review understanding of shooting in football</li> </ol>	<ol style="list-style-type: none"> <li>1. Passing Square</li> <li>2. Goals Galore</li> <li>3. Matches</li> </ol>	Children will again play football matches in this lesson, in teams of 5 with full age appropriate football rules in place
	<b>Assessment</b>		
Pupils in year 2 will have a review week rather than an assessment. Passing, Travelling with a ball, Striking a ball, Tactical understanding and evaluation skills will be reviewed during this lesson. Mainly through play and observation rather than formal assessment.			

Lesson Six	Objective	Activities	Game Related/Game Play
Game Understanding	<ol style="list-style-type: none"> <li>1. Talk about the differences between their own work and that of others</li> <li>2. Perform learnt skills with increasing control</li> <li>3. Compete against self and others</li> </ol>	Tournament	Pupils will take part in a number of competitive football matches in this lesson, a tournament will be held allowing for the first time this unit for pupils to obtain points for winning, drawing and losing matches
	<b>Assessment</b>		
The game understanding week is an opportunity for pupils to put into practice the skills and techniques they have learnt during football lessons delivered in PE.			
Subject Link 1	<b>PSHE</b> – Working with others, communication, understanding of self and roles/responsibilities		
Subject Link 2	<b>Maths</b> – Keeping score, balanced formations, basic numbers		
Passing	<p>Pupils in year 2 may have prior knowledge of football and in some cases a basic understanding of the concept and rules. This unit provides an opportunity for all pupils, irrespective of prior learning in the sport to take part and acquire techniques that form a strong foundation for continued enjoyment of the game.</p>		
	<p>Any pupils wishing to take football further could be directed to the school extra-curricular club (if you have one), SSP competition for year 2's, local football clubs or classes and even encouraged to play recreationally with friends.</p>		