

Year 2/Football/Tactics/Lesson 4

<p>Learning Intentions:</p> <ol style="list-style-type: none"> 1. Understand the importance of rules in games 2. Use at least one technique to attack or defend to play a game successfully 3. Start to explore attacking and defending principles in football 	<p>Success Criteria:</p> <ol style="list-style-type: none"> 1. I know why the rules are important in football 2. I can use at least one technique to attack and defend in football 3. I can start to explore attacking and defending principles 	
<p>Suggested warm-up activities:</p> <ol style="list-style-type: none"> 1. Eliminator 2. Sharks <p>Equipment: Cones, footballs</p> <p>Teaching Points:</p> <ul style="list-style-type: none"> • Attack – with the ball. Dribble, pass, shoot. • Defend – without the ball. Tackle, block, intercept. • Understand the rules and importance of them <p>Challenges:</p> <p>Can you name one rule in football?</p>	<p>Activity 1: I can...</p> <p>Organisation: In groups of 4. Each group needs a 10x10 square marked out with four cones. Add a small goal at opposite ends of each grid (1 meter).</p> <p>Play: In this game children will learn techniques for attacking and defending.</p> <p>In groups of four split into a two and a two, stand in front of your goal.</p> <p>Explain that in football to attack your team needs the BALL and to defend your team needs to not have the ball.</p> <p>Attacking could be passing to your team, shooting or dribbling.</p> <p>Defending could be tackling, blocking or intercepting.</p> <p>Play 2 v 2 and try to do one attacking move (with the ball) and one defending move (without the ball). Can you score in your opponents goal?</p> <p>Tips:</p> <ol style="list-style-type: none"> 1. Attack – with the ball. Dribble, pass, shoot. 2. Defend – without the ball. Tackle, block, intercept. 3. Understand the rules and importance of them 	<p>Activity 2: No Rules</p> <p>Organisation: Split the class into two teams and mark out a pitch of 60x40 yards with one goal per team on the end lines.</p> <p>Play: children will understand the importance of rules in games.</p> <p>We are going to play football, your team should work together to try and score in the other goal. Also stop the other team scoring in your goal if you can.</p> <p>We are going to play without rules, you can pick the ball up if you like. You can carry on playing when the ball goes off the pitch. You can shoot in the wrong goal. NO RULES.</p> <p>Teaching Points:</p> <ol style="list-style-type: none"> 1. No rules still means being safe and kind, do not act in a dangerous way <p>After the game (5 minutes) ask the class if they think all sport should be played without rules?</p> <p>Ask what they liked about the game?</p> <p>What did they like less? Did anything feel unfair?</p> <p>Lastly discuss the importance of rules.</p>
<p>Health & Safety:</p> <ol style="list-style-type: none"> 1) Highlight the need to stay in the area and watch out for other pupils to avoid collisions 2) Make sure that all pupils or groups are working in their own space away from other people 3) If the ball goes out of the area pupils must retrieve before continuing 4) Tackling, kick the ball and not the person 		

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Final Activity: Matches

Organisation: Set up two football pitches. 60x40 if space allows. Use football goals on both pitches or cones if you do not have any available.

Compete: Split the class into teams of 5.

Explain the positions in football:

1. **Goalkeeper** – stands in the goal, can use hands, stop them scoring
2. **Defender** – Stands in front of the goalkeeper (5 meters ahead) and tries to defend the goal using their feet by tackling the other team when they get close to the goal
3. **Midfielder** – Works in in the middle of the pitch to attack and defend. With the ball move closer to the goal and without help the team tackle.
4. **Striker** – Stays near the opponents' goal trying to score/shoot when they have the ball

Set the teams up with 1 goalkeeper, 2 defenders, three midfielders and a striker as follows:

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      GK
      D
M      M
      S
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Tips:

1. Use the game to teach the rules. Let them play and stop when a teachable moment occurs such as a throw in or a hand ball. Explain rules as you go along.
2. Teams can have extra players depending on numbers in the class, add another defender if needed.
3. Highlight working as a team, can you pass to your team?

Key Questions:

1. How can I attack in football?
2. How can I defend in football?

Allow each team time to plan (game plan) thinking about attacking and defending.

See the football overview sheet on the portal for rules and how to play.

Play short matches of 8 minutes in length and swap opponents after the game, also swap positions and ensure any substitutes are now included.

Social Me:

I can identify and support others who are struggling

Thinking Me:

I can come up with new ideas

Sporting Me:

I enjoy competing against others

Tactical Me:

I understand how to attack/defend in team sports