

# Year 3/Football/Game Understanding/Lesson 6

## Learning Intentions:

1. Effectively describe how their performance has improved over time
2. Perform learnt skills and techniques with control and confidence
3. Compete against self and others in a controlled manner

## Success Criteria:

1. I can describe how my football skills have improved this term
2. I can perform learnt skills and techniques with control and confidence
3. I can do better than I did before and try to beat others

## Suggested warm-up activities:

1. Relay
2. Copy me

Equipment: Cones, goals, footballs, bibs

### Teaching Points:

- Remember you are competing in a team – work together
- Think about what you have learnt in football so far

## Health & Safety:

1. Highlight the need to stay in the area and watch out for other pupils to avoid collisions
2. Make sure that all pupils or groups are working in their own space away from other people
3. If the ball goes out of the area pupils must retrieve before continuing
4. Tackling, kick the ball and not the person

## Tournament Set-Up:

Split the class into four teams and assign them a set of bibs in different colours e.g. red team, blue team. Set up two football pitches 60x40 yards if space allows.

### Compete:

In the tournament all teams will play each other:  
 Team 1 v 2 / team 3 v 4  
 Team 1 v 3 / team 2 v 4  
 Team 1 v 4 – team 2 v 3

Matches should be 10 minutes in length with 5-minute halves and a 2 minute half time.

Use half time to discuss tactics.

### The rules for the competition:

1. If a team wins a game, they get 3 points, draw is 2 points and a loss is 1 point
2. Bonus points for good teamwork and excellent play are available
3. ALL rules of football apply so no hand ball (except goalkeepers), no bad tackles/kicking others
4. No arguing, deduct points if needed

## Tips:

1. Do not worry if a team has less or more pupils in, they can all be utilised on a rotation between playing and officiating.
2. If you have pupils who do not have their PE kit can you get them to assist you as officials also.
3. Reveal scores overall at the end of the lesson.

## Key Questions:

1. Can you use you describe how you have improved in football?
2. How do we help teammates who are struggling or may have had a bad game?

### Social Me:

I encourage my team to try their best always

### Thinking Me:

I believe in myself

### Sporting Me:

I enjoy competing against others

### Tactical Me:

I can learn from my losses